

# CANVAS CONNECT JULY 2023

**CANVAS**  
INTERNATIONAL  
PRE-SCHOOL



## MESSAGE BY THE FOUNDER



**Ms. Hema Harchandani**  
Managing Director  
Canvas International School

### Dear Parents

We aspire to foster leadership right from its inception within our school. As we commence this journey, I am privileged to share my reflections on this theme. Leadership, a quality that moulds individuals into visionaries and change-makers, has the power to extend its impact far beyond our school's boundaries.

In our pursuit to cultivate a culture of leadership, we recognize that it starts right here, within our school's classrooms and curriculum. Our mission is to ignite the spark of leadership within each student. This spark has the potential to blaze trails of innovation, compassion, and positive transformation, not just within our school's premises, but also in the broader canvas of the world.

As we embark on this mission to nurture leaders, let us remember that leadership is not confined to a select few—it can be nurtured and developed in all. Our endeavour is to imbue students with the skills, values, and mindset that define a true leader. We envision a school where every student's unique strengths are harnessed, their voices are heard, and their actions embody the essence of leadership.

Just as we embark on a new academic year, we also embark on a journey to create leaders—leaders who will shape the future, challenge norms, and make a lasting impact. With a foundation built on knowledge, integrity, and empathy, our students will not only excel academically but will also leave an indelible mark on society.

So, let's rally together to lay the groundwork for leadership within our school. Let's empower our students to lead with confidence, compassion, and a global perspective. Together, we shall nurture the seeds of leadership, knowing that these seeds will one day blossom into remarkable individuals who will navigate the world with purpose and make a difference.

With enthusiasm and dedication,  
Hema Harchandani

# ACTIVITY HELD

## World Heritage day

World Heritage Day was celebrated in Canvas International school on 18th April, 2023. The aim of celebrating the day was to spread awareness about the importance of the cultural heritage & its preservation. Various programmes related to the historical structures of India were organized by the school. Special assembly was conducted on this occasion. Teachers explained to school children the meaning and importance of rich cultural heritage and advised them to preserve & conserve our legacy.

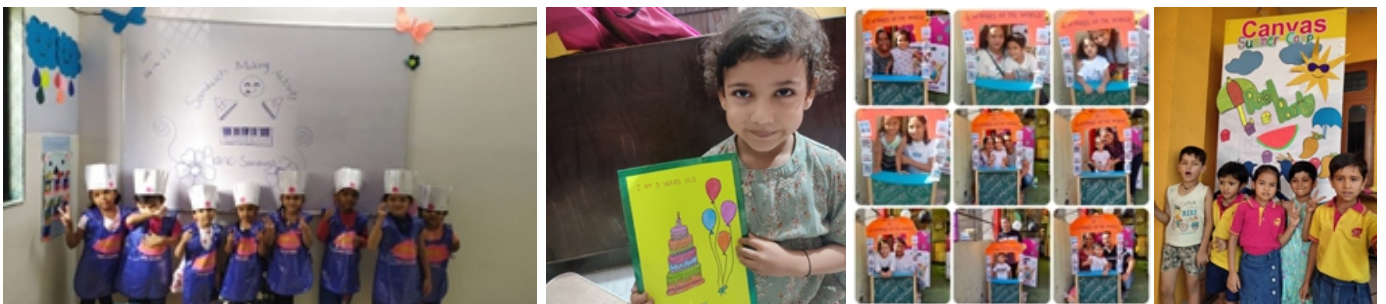
Teachers motivated the students and told them to feel proud to be Indian and mentioned that inspite of diversities, we are one and we must respect our culture.



## Summer Camp

Canvas International school organised a summer camp, Students participated in a wide array of activities such as art and craft, dance, music, clay moulding, cricket, football and skating to explore new dimensions in various spheres of life. An impressive show by students marked the valedictory ceremony in which parents were also invited to take a glimpse of activities learnt by their kids. The children were given certificate of appreciation for their participation.

*Summer camps can provide children with opportunities for socialization, physical activity, and personal growth.*





## Earth Day

'Our Children are Our Future' and we all need to do our bit to contribute to the environment positively, for that will be one of our best investments we will ever make for our children.

To sensitize the children to become the crusaders for environmental conservation, Canvas International School organised the 'Earth Day Celebration'.

A special assembly was conducted where in the students of Grade prep ,shared their views about the importance of saving Earth and the measures that can be adopted to save our planet.

A hand-out was given to the students based on the significance of our planet and the steps to keep our environment clean and green.

The children were made aware that 'EVERY DAY IS AN EARTH DAY' and the purpose of celebrating Earth Day is to keep our grass green and our skies blue with more trees and less pollution.



## Pool Party

One can't have more fun than playing with water on a hot day in a splash pool!

Our School splash pool is a great place to lounge in and escape the heat.

All this in mind, Canvas International School held pool party for the students . The poolside was abundantly decorated with balloons, balls and the children were handed water balloons to play with too.

Tables were arranged with healthy summer fruits display to add ambience to the party. The tiny tots turned up in colorful swim suits and while most had great fun playing in the water, there were some who were a little scared to step in. Observant teachers clasped their little hands and led them in to wade. It was not long before the wary faces filled with frolic!

Water play activities for young children strengthen motor skills, builds balance and the ability to propel and navigate. Coordination is also sharpened.



## World Environment Day

**“Environment is a gift to us, save and secure it”**

World Environment Day was celebrated in Canvas International School, is a campaign observed world wide every year on 5th of June to raise awareness about environment, protection of nature and the planet Earth.

World Environment Day is a platform for encouraging consciousness and action for the protection of environment. This day provides us with an opportunity to broaden the basis for an enlightened opinion and responsible conduct by individuals in preserving and enhancing the environment.

On World Environment Day teachers encouraged and motivated the students to beautify the surrounding areas through plantations, greenery, saving water etc. This day also reminded that we have only one planet to live on, it is our home and only we are responsible to maintain its natural beauty forever.



## World Milk Day

**World milk day was celebrated in Canvas International School**

World Milk Day is an annual event celebrated by various countries that educate people about the importance of the consumption of milk. Milk has various nutrients which are necessary for the growth of the body. It makes bones stronger and gives us energy. It is also good for improving memory.



## Yoga Day

Canvas International School believes that education does not mean mere imparting of knowledge or facts but it encompasses an all round development of an individual. The school has been taking all initiatives to accomplish this. The celebration of International Yoga Day as declared by United Nations was highly an exuberant event with the buoyant and enthusiastic participation of the large number of students.





## World bicycle Day

World Bicycle Day is celebrated on 3rd June to acknowledge the role of the bicycle as an economical, sustainable and environmentally-friendly mode of transport.

Cycling is also one of the easiest and best ways to exercise which also improves physical and mental health and reduces chances of experiencing various health problems. Keeping this in mind, the Canvas International School celebrated World Bicycle Day to make the students aware of the benefits of cycling and how it can help to improve our health and environment. Canvins got the opportunity to appreciate this simple yet beneficial means of transportation posters and enjoying bicycle ride at their home.



## Teachers Training at Canvas International School

**Teachers Training Program was held at Canvas international School.**

Training teachers is necessary in the 21st century mainly because of the fact that current generation students don't comprehend traditional teaching methods. We cannot teach students of today with methods of yesterday. Students in the 21st century need personalisation in education. The Indian education system has been following the habit of seeing the classroom as a whole and not as individual students, which is unfair to the majority of students. Each student is unique in myriad ways including in the way they think, analyse, understand and go about academics. It is therefore important for our existing system to bring in this change. Training teachers to know how to view their students as unique individuals with different learning styles is the game changer. Once teachers understand this and know how to cater to the various learning styles, they will positively impact hundreds and thousands of students.



## Patience in the Digital Age

Navigating the challenges of instant gratification in a technology-driven world can be complex, but there are strategies you can implement to set limits and promote patience with screens. Here are some effective strategies:

- **Establish Clear Rules and Boundaries:** Set clear rules regarding screen time limits and expectations. Communicate these rules with your children and ensure they understand the reasons behind them. Consistency is key in enforcing these boundaries.
- **Create Technology: Free Zones and Times:** Designate specific areas in your home, such as bedrooms or mealtime areas, as technology-free zones. Encourage designated screen-free times, such as during family meals or before bedtime, to promote face-to-face interactions and mindfulness.
- **Model Healthy Screen Behavior:** Be a role model by demonstrating healthy screen habits yourself. Limit your own screen time and avoid using screens excessively in front of your children. Show them the importance of engaging in other activities and being present in the moment.
- **Encourage Alternative Activities:** Provide a variety of engaging and fulfilling offline activities for your children to enjoy. Encourage them to explore hobbies, play outdoors, read books, engage in creative projects, or participate in sports. By offering alternatives, you help them develop a well-rounded set of interests and reduce reliance on instant screen gratification.
- **Practice Delayed Gratification:** Teach children the value of delayed gratification by incorporating it into their screen usage. Encourage them to earn screen time by completing chores or homework, or by engaging in productive activities first. This teaches them patience, goal-setting, and the importance of balancing immediate desires with long-term benefits.
- **Foster Open Communication:** Encourage open and honest communication about the impact of screens and instant gratification. Discuss the potential drawbacks, such as reduced focus, social disconnection, and the importance of balancing online activities with other aspects of life. Encourage your children to share their concerns and challenges, and work together to find solutions.
- Remember, the goal is to promote a healthy relationship with technology and develop patience in the face of instant gratification. By setting limits, offering alternative activities, and fostering open communication, you can help your children cultivate patience and balance in a technology-driven world.

### UPCOMING ACTIVITIES

1. Doctors Day.

2. Paper Bag Making.

3. Ramp walk on World Chocolate Day.

4. Friendship day.

5. World Elephant day.

6. Independence Day.

7. World photography Day.

8. Pose with your Pup.

9. Rashtriya khel diwas.

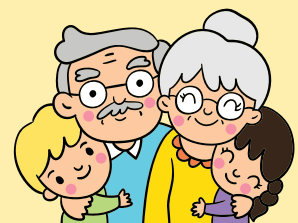
10. Teachers Day.

11. Grand Parents day.

12. Hindi Diwas.

13. Card Making on Peace day.

14. Fly Balloons on Heart day.





**PARENT  
TESTIMONIAL  
DAUSA  
BRANCH**

I am impressed with your curriculum and teaching methods which is different from other schools. Well planned worksheets for practice makes my child think beyond prescribed textbooks. I like to take this privilege to



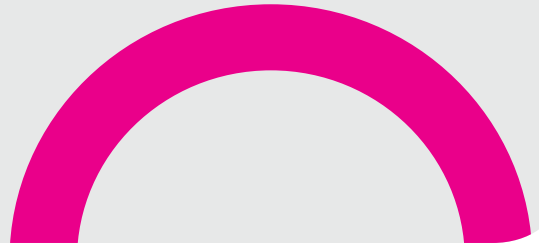
congratulate the management of the school for its endless efforts. School have fair minded passionate honest well mannered mentors who will have a strong positive impact on the students attitude and personality.

**With regards,**

**Vijay and Rekha Khandelwal**

**Child - Vanya**

**Grade - Prep | Branch - Dausa**



## PARENTING TIPS

### Finding joy in everyday moments

Cultivating the ability to be fully present and find joy in the present moment is a valuable skill that can enhance children's overall well-being and happiness. It allows them to appreciate the beauty and wonder of the world around them.

**"Happiness is not something ready-made. It comes from your own actions."** - Dalai Lama: This quote reminds children that happiness is not solely dependent on external circumstances but can be cultivated through their own actions and mindset. It encourages them to find joy in the present moment and take responsibility for their own happiness.



**Pragati Bhatia**

Head Marketing at Canvas  
International School

