

# CANVAS CONNECT AUGUST 2022



## MESSAGE BY THE FOUNDER



**Ms. Hema Harchandani**  
Managing Director  
Canvas International School

### Dear Grand Preschool Parents and Guardians,

**O**ur youngest learners are a remarkable group of people. No other population is as authentic or as at ease in their own skin. They are completely satisfied to be who they are, and they have a voracious desire for knowledge. It is during this period of exponential growth that 90% of their brain development takes place. Thus, choosing the right school is so important!

Working in partnership with our families, Canvas embraces a learning path that places an emphasis on curiosity, exploration, taking risks, and an acceptance of the power of learning from mistakes. As role models, parents, and educators we profoundly impact not just our students' development, but the world in which we all live. At Canvas, we consider our work to be both an honor and a responsibility. As committed educators, we provide a vibrant and nurturing environment where our students find that they love to learn.

Every day, children engage in interactive activities that help them develop academic skills while also advancing their physical, social, and emotional capabilities. The curriculum has been created to meet certain learning objectives and get students ready for the next step in their learning. We also provide a wide range of co-curricular activities, which challenges our students and exposes them to new experiences, environments and cultures. Our bright, welcoming spaces inspire exploration and learning. Our teachers spend extra time getting to know each kid individually and watching out for their interests and areas of strength.

Thank you parents and teachers for your partnership in helping us provide this strong and solid foundation for success with the children. Canvas is the beginning, and it is exciting to think about all that lies ahead. Canvas is not just a school; it is an experience!

Warm Regards

Hema Herchandani

Directors Canvas International School

# ACTIVITY HELD

APRIL

## 1. WORLD HEALTH DAY

*The greatest gift you can give your family and the world is a healthy you...*

World Health Day was celebrated in the School wherein students were sensitized to remain healthy by eating nutritious food, fruits and vegetables. They were made aware about the importance of physical exercises like Yoga, Zumba Dancing and Aerobics to remain fit & active. They also recited rhymes, conveying the message of healthy eating habits and the correct way of brushing teeth.



## 2. Earth Day

Canvas International School marked the World Earth Day with activities widespread to invoke respect, concern and action to conserve the natural resources.

On this occasion, students and staff together planted new saplings in the institutions and asked everyone to plant saplings nearby.



## 3. World Penguin Day.

World Penguin Day is a celebratory and educative initiative that encourages people to learn more about penguins and their environment, how important they are to our ecosystems and the threats they face. Canvas International school celebrated World Penguin day in school.



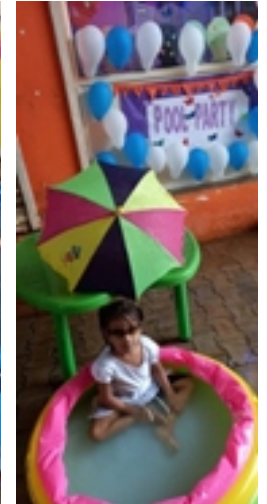
# MAY

## 1. POOL PARTY

One can't have more fun than playing with water on a hot day in a splash pool!

A pool party was organised at Canvas International School Kids enjoyed the party, bubbling with excitement and enthusiasm in their colourful swimsuits, splashing water at their friends and playing with floating toys.

Water play activities in young children strengthens motor skills, builds balance and the ability to propel and navigate. Coordination is also sharpened The tiny tots turned up in colourful swim suits and whilst most had great fun playing in the water there were some who were a little scared to step in.



## 2. CULMINATION DAY

Culmination Day was a platform to showcase the learnings of the students in the Academic Year 2022- 23. The

little ones of enthralled the audience by their presentations.

Students dressed as little Barbie and Chotta Bheem were simply outstanding. The audience was happy to see their little ones

presenting with confidence and poise. Managing Director Canvas International School in her speech emphasized that CIS not only offers

the best of academics, but also encourages an overall development of the children.



# JUNE

## 3. YOGA DAY

“Yoga is a journey of the self, to the self, through the self.”- Anonymous.

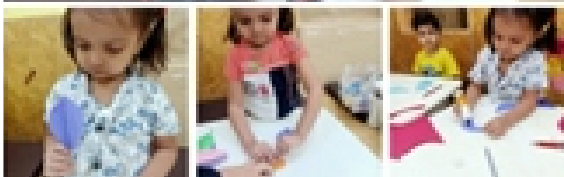
International Yoga Day was observed at Canvas International School, on 21st June, 2022..s

Yoga is a dance of every cell in our body with the music of every breath that creates inner serenity and harmony. This celebration at school highlighted the importance of Yoga and the pivotal role it plays in rejuvenating the mind and the body, leading to a healthier lifestyle especially at this time of the pandemic when mental and physical health is at risk. The best way to celebrate Yoga Day is by learning Yoga postures. Hence each standard was given a well thought out asana that would help to improve the well-being of the students. The students were excited to do the poses. The better your practice, the brighter your flame.



## 4. SUMMER CAMP

A summer camp is being organised at Canvas International School. The camp had a gala opening with a magic show and Fireless cooking. It was a learning experience for the schoolchildren as they came across various games and other events to enhance their personalities. Fun-filled activities surely were the memorable time for toddlers. The children of different age groups got an opportunity to learn and enjoy various activities such as skating, spoken English and personality development, yoga, dance, art and craft and cooking without fire. They learnt the value of team work and it also helped them to improve their communication and social skills.



## UPCOMING ACTIVITIES

1. Guru purnima.

2. Planting.

3. Buddy day.

4. Independence Day.

5. Janmashtami Celebration.

6. Teachers Day

7. Hindi diwas.

8. Culmination Day.



## Teachers Training Program was held at Canvas International School



**When it comes to the world of knowledge, teachers are the torchbearers in showing us the path to the future by means of proper guidance.**

A good teacher knows the proper methods to teach and guide students in the right direction, as well as understanding the theoretical and conceptual knowledge of the subject they teach. Teachers are valuable assets of modern society and develop the future of the next generation. However, there is a well-documented shortage of quality teachers across educational institutions in the country. The best way to address this shortage is by having more candidates attending teacher training programs, with the aim of developing them into capable teachers of the future.

An effective teacher training program will help the

candidates in staying updated on the latest methods and processes being followed in the classroom. The traditional manners of teaching, such as memorizing and theoretical learning, are fast giving way to more practical learning. Educational institutes today follow the latest technologies as far as classroom courses are concerned. There has also been a paradigm shift in the manner in which students are dealt with. These techniques form an important part of a teacher's job, and a training program will you to access them and learn how to apply them effectively in the classroom.

### 5. Nurturing an Independent Toddler

Your growing toddler is now turning into an independent kid. Your kid requires your support and emotional encouragement the most during this time for his/her growth and development. Explore these tips and techniques to help with your toddler's budding independence:

**Encourage independent playtime-** Leave your kids with their favorite toys and let them have an independent playtime. Also, ensure you keep them in a safe environment, while you nurture their independence.

**Let your toddler bathe independently-** Train your kids to wash themselves independently. However, make sure you don't leave your toddler alone in the bathroom.

**Let your child eat independently-** Let them pick and place food in their mouth all by themselves. Encourage your toddler to use the spoon for eating food independently. Do make your child wear a bib or place a spill cloth on the table. Also, provide a damp cloth to your kid to help them wipe off their mouth post eating. Do make sure you are always around to keep an eye on them.

**Train your kid to drink out of a cup-** Although your toddler might refuse to use the cup, you must slowly and gradually encourage them to use a cup for drinking milk and water. This will help your kids become independent.

**Do not push them beyond their abilities-** Let your toddlers flourish with their own capabilities and limits. Don't force them to go beyond what they can or what they want to do.

## AWARD

# Heartiest Congratulations !

### Another feather added to

Canvas International - **Founder and Managing Director Ms Hema Harchandani** was felicitated with India's Leading Play school Chain Award at 3rd Edu Leaders Summit 2022 organized by Universal Mentors Association by Brain Wonders .Gratitude to all Canvas partners, parents and our little Canvins.



### PARENT TESTIMONIAL

Overall it has been a very good experience till date with Canvas International School. My son Vrishank Pushkarna enjoys going to school; earlier I was a bit nervous like how will he settle down there as he has a little problem with his communication but thanks to the great staff here, gradually I have seen positive changes in him....not only he loves going to school now but he has become a bit more interactive and started speaking more effectively than earlier and has become more expressive....The teachers and staff are nice...the environment is clean, neat, healthy and kids friendly.... Efforts put on by the staff for every little bit is highly appreciated !!!!



Regards,

**Bhanu Pushkarna**

**M/o Vrishank Pushkarna**

**Branch - Delhi**





# PARENTING TIPS



**Pragati Bhatia**

Head Marketing at Canvas  
International School



## Delaying' is the key

“When a child asks for something, don't give it immediately. Find out if it's really needed or not.

”Parents must understand the importance of what their children are asking for and act accordingly.

“Don't bring the feeling that this is 'so silly' for you to get. They must understand the value of what they are asking for, and what they are going to get out of it.”.

**- Mrs Sudha Marthy**

